

It is important that students and parents are familiar with the Physical Education Rules and Guidelines:

Rules:

1. All students **MUST** have Tennis shoes for Physical Education Class.
 1. Boots, sandals, dress shoes will not be allowed. Students will have to sit out and miss points if they are wearing them.
2. All students **MUST** change their clothes for Physical Education Class.
 1. Students who do not change will receive a 30% grade deduction for every day they do not change.
3. There is absolutely **NO GUM CHEWING** allowed in the gym. Students who break this rule will be asked to get rid of the gum the first time with no further discipline. Second time offenders will be written up and sent to the office.
4. There are no other food or drinks allowed in the gym. Water bottles may be left in the locker room hallway by the door if you need them.

Other Information:

1. It is the expectation of the physical education teachers that each student fully participates in every unit. Students who choose not to participate will lose up to 70 % of their grade for each day.
2. Students will learn the rules and fundamentals of different sports, and may be subject to a written assessment following each unit. Written assessments (Tests) will cover rules, field markings, scoring systems, etc. Test will be worth no more than 50 points per test.

Medical Conditions:

1. If your son or daughter has a medical condition that we need to be aware of, please make a note of this at the bottom of this form. Be sure to read the medication section of the school handbook. Any details with inhalers or other medications need to be worked out with the office.

If you have any questions please feel free to contact Ms. Fortier at sfortier@tvsd.us or Mr. Hilgenberg at lhilgenberg@tvsd.us

Thank you and Go Vikings!
